



# SHERI FLANDERS

Representation: NV Talent  
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HEIGHT: 5'4  
WEIGHT: 100 Lb  
HAIR: Black  
EYES: Brown

## THEATER

Choice The Musical  
Flanders Sketch Show  
Infinite Sundaes  
Rhinoceros  
Girl Gang  
Cabal  
Flamingo  
Improvised Comic Book  
BAPS  
SMILE Jazz Improv  
Say Yes to the Mess  
Big Short End the Stick  
Powder Room  
Project Broadway  
Underachievers  
Barack All Night  
This Is Art  
Sketch Cast  
Fake Believe, Writing 6  
Monday Night Live  
Pop Soda  
Flanders Duo  
Coached Ensembles  
Coached Ensembles  
Coached Ensembles  
The Tempest  
JTF/Cheap Trills  
Balloon Cocoon  
Improvised Bible  
Little Shop of Horrors  
Showboat

Writer/Actor/Vocalist  
Actor/Writer/Vocalist  
Actor/Writer/Vocalist  
Housewife/Firefighter  
Improviser  
Improviser  
Improviser  
Actor  
Actor/Vocalist  
Improviser/Vocalist  
Actor/Writer/Vocalist  
Actor/Writer/Vocalist  
Improviser  
Actor/Vocalist  
Assistant Director  
Michelle Obama  
Actor  
Actor/Writer  
Actor  
Actor  
Improviser/Vocalist  
Improviser  
Improviser  
Improviser  
Antonio  
Director/Vocalist  
YoungerSelf  
Improviser  
Chiffon  
Chorus

Jeff Bouthiette  
Anthony LeBlanc  
Tyler Dean Kempf  
Bryce Read  
Ensemble  
Sean Sullivan  
Bethany Remly  
Ensemble  
Jillian Ebanks  
Ensemble  
Norm Holly  
Anthony LeBlanc  
Ensemble  
Courtney Fontaine  
Jay Sukow  
Patrick Rowland  
Jay Sukow  
Zachery Stevens  
Writing 6 Class  
Patrick Newsom  
Dave Asher  
Flanders  
David Montgomery  
Jay Sukow  
Annie Taylor  
Colleen Stovall  
Tom Neile  
Nicole Stoddard  
Jessica Miloto  
Starlite Productions  
Starlite Productions

MCL Theater  
SC Beat Lounge  
Second City Training Ctr.  
Public House Theater  
iO Theater  
ComedySportz  
ComedySportz  
Various Theaters  
The Crowd Theater  
Blackout Cabaret  
Sec City Grad Revue  
Sec City MI Grad Revue  
Second City Training Ctr.  
MCL  
Second City Training Ctr.  
The Revival  
Stage 773  
Second City Training Ctr.  
Second City Training Ctr.  
iO Theater  
Crowd/Playground/SC  
Playground/MCL  
Second City Training Ctr.  
Second City Training Ctr.  
Second City Training Ctr.  
Shakespeare Miami  
Just The Funny  
The Vanguard  
Gorilla Tango  
The Headback Theater  
The Headback Theater

## COMMERCIAL/FILM

CH Cretors Popcorn  
Injury Network USA  
Infiniti Cars of Coconut Creek  
Sprout Social

Principal  
Principal  
Principal  
Principal

N/A  
Esau Melendez  
Infiniti  
Zoe Arnionitis

N/A  
Clandestino Films  
Boca Talent  
Sprout Social

## VOICEOVER

Bloody April Fools  
Story of a Life  
Once Upon a Time in Vietnam  
Donde Esta Elisa?

Principal  
Jade/Principal  
Ahn/Principal  
Various

Cedrik Boyer  
Cedrick Boyer  
Cedrick Boyer  
Cedrick Boyer

The Kitchen  
The Kitchen  
The Kitchen  
TheKitchen

## EDUCATION

### **The Second City Chicago**

*Conservatory Program Graduate, Music Conservatory Graduate, Improvisational Acting A-E*

Instructors - Anne Libera, Kevin Reome, Micah Philbrook, Norm Holly, Jeff Bouthiette, Andrew Roy Ritter, Jonathan Wagoner, Stephanie McCullough, Rachel Mason, Matthew Von Colton, Jeff Griggs, Peter Kim, Anthony LeBlanc

### **iO Chicago Improvisational Acting Levels 1 – 5, Music Improv Levels 1 - 3**

Instructors – Dave Asher, Seth Weitberg, Christy Bonstell, Susan Messing, Shane Wilson, Matt Higbee, Craig Uhler

### **Tom Todoroff Master Class – JTF Miami / Susan Messing Protecting the Freak Workshop – JTF Miami**

### **David Razowsky Instant Characters and Positive Choices Workshop – Sick Puppies Miami**

### **iO Intensive in Miami - JTF Miami - Instructors – Charna Halpern, Lyndsay Hailey, Tara De Francisco**

### **Kevin Mac Donald Sketch Writing Workshop – SAK Comedy Lab, Orlando**

### **Jeanette Hopkins Vocal Instruction - Voice Range: Soprano & Alto – specialties jazz and blues**

## SKILLS

Shortform and longform improvisation, writer, vocalist, rapper, freestyle and basic dance, marathon runner, scuba diver, basic handgun, stage combat, golf, fashion design and fine arts **Accents:** Southern, British, Jamaican, Wicked Witch Cackle, Vulture, Fits In Suitcase